NewLeaf Pathways
Supporting Your Journey to Wellness

FREE RESOURCE

Support and Crisis Lines

U.S. support contacts and recovery groups. Save this page and share it with someone who may find it useful.

988 Suicide & Crisis Lifeline

Call or text 988. Available 24/7 for crisis support.

SAMHSA National Helpline

1-800-662-4357. Free, confidential, 24/7 treatment referral and information in English and Spanish.

FindTreatment.gov

Search for substance use and mental health treatment providers.

findtreatment.gov

Ohio CareLine

1-800-720-9616. Emotional support available 24/7.

Alcoholics Anonymous

Peer support for people who want to stop drinking.

www.aa.org

Narcotics Anonymous

Peer support for recovery from drug addiction.

na.org

SMART Recovery

Science-based mutual support, online and in person.

smartrecovery.org

Gamblers Anonymous

Peer support for people with gambling problems.

gamblersanonymous.org

Al-Anon

Support for people affected by someone else's drinking.

al-anon.org

If you are in immediate danger, call 911.